



The Tea Tasting Room

at Zen Tara Tea

Inside the Zen Tara Tea shop in downtown Bethesda, MD is a unique room used for our monthly tea tasting events. When no event is scheduled, the room can be reserved for small group gatherings of 8-12 people.

In the center of the room is a large, handmade elm wood table from Northern China to comfortably seat your group. While the room has a door and is private from the rest of the tea shop, the wall along the corridor is a glass wall which makes the room seem very open.

There is no charge to reserve the room, although certainly we hope that your group will take the opportunity to try our selection of over 100 teas, coffee and dessert pastries. While we are not a “cafe” and do not prepare food on the premises, we can arrange to have the following food brought in for your group if you desire a lunch or light snack beyond our regular selections of pastries and desserts.

Minimum quantities do apply as noted below. Requests for special order food items require a 50% deposit in advance payable by cash or credit card.

Sandwiches & Wraps

(minimum order 7 items, \$9.25 ea.)

Southwest Grilled Chicken: fresh grilled chicken with a cilantro, lime & jalapeno vinaigrette, avocado, tomatoes & crushed tortilla chips on a toasted ciabatta roll.

Roasted Turkey: fresh turkey breast, tomatoes and romaine lettuce with a fat-free honey dijon dressing on a toasted ciabatta roll.

Vegatarian Caprese: Tomatoes, fresh mozzarella, basil and mesclun with a balsamic vinaigrette on a toasted ciabatta roll.

Tuna Wrap: albacore tuna, celery, carrots, beets, romaine lettuce and balsamic vinaigrette.

Turkey Club Wrap: roasted turkey breast, bacon, gorgonzola cheese, tomatoes & romaine lettuce with a fat-free honey dijon dressing.

Veggie Wrap: Spinach, mesclun, roasted peppers, feta cheese, kalamata olives & cucumbers with a balsamic vinaigrette dressing.

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Group Salads

(med. feeds 5-7 people \$65, lg. feeds 8-10 people \$95.)

Chinese Chicken: fresh grilled chicken, romaine lettuce, shredded carrots, edamame (soy beans) and crispy wonton strips with a miso, sesame & ginger dressing.

Mediterranean Sea: cooked shrimp, romaine lettuce, feta cheese, fresh mint, red grapes, chickpeas and cucumber with a basil yogurt dressing.

Vegetarian Caprese: Baby spinach, tomatoes, fresh mozzarella, mesclun and basil with a balsamic vinaigrette.

Spring Roll Platter

A group platter of traditional fresh Asian appetizer rolls. Thin rice paper rolls with your choice of vegetables (lettuce, basil, cilantro, bean sprouts & rice noodles) or shrimp & vegetables filling. Served cold (not fried) with sweet and sour dipping sauce. Feeds 5-7 people (15 vegetable rolls \$35.00, with shrimp \$50.00).

Fresh Pastries & Desserts

Our daily selection of baked goods available from the main tea room. Selection includes: croissants, muffins, tea cakes, scones, brownies and seasonal cakes & pies. Items can be ordered individually on arriving at the group event or may be ordered in advance for the group. Prices per item range from \$1.50-\$6.00 ea.

Hot Tea & Coffee

Tea is available by the cup (\$1.45-\$2.25) or by the individual teapot (\$3.00-\$4.50). Regular or Decaf coffee is available by the cup (\$1.45-\$2.25). Chilled Honest Tea & bottled water also available (\$1.85-\$2.00).

Private Tea Tasting Event

As part of your gathering we can arrange a private tea tasting event similar to the regular tea tasting events held 2-3 times a month at the shop. We will provide an educational tasting experience of 5-6 teas that you can select or leave up to us to choose. The teas are prepared for and tasted by the group along with background information and preparation tips for each type of tea. At the end of the event, each person in the group gets to take 2 tea samples with them to enjoy at home. Cost is \$10 per person.

To make arrangements to reserve the Tea Tasting Room stop by the tea shop, give us a call or send an e-mail. We will help you coordinate all the details.

Zen Tara Tea 4710 Bethesda Avenue Bethesda, MD - 2 blocks south of the Metro Station, one block east of Barnes & Noble. Tues-Sun 8 to 8. (301) 215-5923 zentaratea@gmail.com